

# Lesson Plan: Using the Enterprise Catalyst within PSHE

## Background

Learning to lead a healthy and successful life

Personal, social and health education (PSHE) deals with many real life issues young people face as they grow up. It gives them the knowledge and skills needed to lead healthy and responsible lives as confident individuals and members of society.

## Aims of this lesson

The aim of this session is to raise awareness of the need to take personal responsibility for achievement, health and ongoing career development.

## Why is it important that we understand how much influence we can exert?

Using the Enterprise Catalyst helps young people to:

- explore attitudes to career development, achievement and instil a greater sense of self-control and self-belief
- develop awareness and skills to think about personal responsibility
- Consider a using enterprise skills to promote their own achievement and development

These attitudes and skills will enable young people to move into adulthood with confidence in their ability to deal effectively and efficiently with the range of decisions they will have to make about their career and other aspects of their lives

## Activity

Introduce students to the overall aims of the session

Invite students to complete Enterprise Catalyst

Explain the link between personal motivation, self- belief and willingness to learn and the achievements students make at school, in their careers and at work.

Create small group discussion about how much Enterprise Fuel each student has and what that means for how well they are liable to do at school.

Ask students to think of successful people who they believe have high levels of Enterprise Fuel. It is appropriate to refer to 'popular' figures from sport, entertainment with who the group can relate. Within the context of 'enterprise' classes and events it is useful to highlight that Enterprise Fuel is a distinguishing feature of many successful business owners.

Ask students to identify people closer to home who exhibit high levels of Enterprise Fuel.

## Outcomes

At the end of this session students should understand what motivation, self-belief and willingness to learn is, how it can help them and how it has helped other successful people.